



CHEERSPORT

I R E L A N D

WARM UP / TRAINING ACCESS AND ACCREDITATION POLICY

1. Introduction

Warm-up and training areas at CSI events are high-risk spaces due to stunting, tumbling, and concentrated athlete activity. Cheer Sport Ireland (CSI) is committed to ensuring these areas are safe, supervised, and accessed only by appropriately accredited and vetted personnel.

2. Purpose

This policy ensures consistent standards for access, supervision, safety, and safeguarding in all warm-up and training spaces.

3. Scope

This policy applies to all CSI-sanctioned competitions, showcases, camps, training days, and any designated warm-up facilities.

4. Guiding Principles

- Only authorised individuals may access warm-up areas.
- Supervision must be constant, visible, and protective.
- Athlete safety and safeguarding take priority over convenience.
- Environmental risks must be minimised by proper staffing and access control.

5. Accreditation Requirements

- All individuals entering warm-up areas must display CSI-issued accreditation.
- Coaches must be pre-registered with their club roster.
- Event staff must undergo vetting and safeguarding training.
- Parents, siblings, and spectators are strictly prohibited unless authorised for medical or accessibility reasons.

6. Permitted Personnel

- Accredited coaches and assistant coaches.
- Registered athletes.
- Event staff assigned to warm-up supervision.
- Event Welfare Team (EWT) members.
- Medical and first-aid personnel.
- Approved media personnel (in designated zones only).

7. Prohibited Personnel

- Spectators, including parents/guardians.
- Unauthorised media or photographers.
- Volunteers without warm-up accreditation.
- Athletes not scheduled for performance during that session.

8. Access Control Procedures

- Warm-up entry must be secured with staff or barriers.
- Accreditation must be checked at each entry point.
- Lost accreditation passes must be reissued only through the event control desk.
- Warm-up flow must follow a strict timetable to prevent overcrowding.

9. Warm-Up Area Safety Standards

- Approved mats must be used at all times.
- Equipment must be checked regularly for damage.
- Water bottles and personal belongings must be kept in designated safe zones.
- Running, horseplay, and unauthorised stunting are prohibited.

10. Supervision Ratios

- Clubs must follow CSI supervision ratios at all times.
- Two-adult rule applies for all child groups.
- Event staff must monitor entry/exit continuously.

11. Athlete Conduct Expectations

- Athletes must follow coach and event staff instructions.
- No mobile phones or recording devices may be used.
- Athletes may not enter or leave without coach knowledge.
- Respectful behaviour toward other teams is required.

12. Coach Responsibilities

- Ensure athletes follow safety and conduct standards.
- Monitor athlete movement within the warm-up space.
- Report hazards to event staff immediately.
- Ensure athletes are at the correct station on time.

13. Event Staff Responsibilities

- Maintain access control.
- Ensure rules are enforced consistently for all clubs.
- Support safe flow between stations.
- Report safeguarding concerns to the EWT or DLP.

14. Warm-Up Flow & Structure

- Warm-up must be divided into timed zones: stretch, tumble, stunt, full-out.
- Teams must rotate when instructed to prevent overlap.
- Late teams may lose warm-up time to maintain schedule integrity.

15. Media Rules in Warm-Up Areas

- Only CSI-accredited media may enter designated viewing zones.
- No close-contact photos, videos, or backstage filming.
- Media must follow safeguarding and photography policies.

16. Safeguarding Requirements

- Phones and cameras are prohibited in athlete warm-up areas.
- Any inappropriate behaviour must be reported immediately.
- Warm-up supervisors must monitor for bullying or misconduct.
- Children must never be left unattended.

17. Medical & Emergency Protocols

- Medical personnel must have clear access routes.
- Injuries must be documented using CSI incident forms.
- Emergency exits must be unobstructed at all times.

18. Environmental Safety

- Warm-up rooms must be well-lit, ventilated, and dry.
- Temperature must be appropriate for athletic activity.
- Noise levels should allow for safe communication.

19. Non-Compliance

- Individuals violating access or safety rules may be removed.
- Teams breaching policy may face sanctions.
- Repeated violations may affect club eligibility for future events.

20. Review

This policy will be reviewed every two years or earlier if required.

21. Approval

This Warm-Up / Training Area Access & Accreditation Policy was approved by the Board of Cheer Sport Ireland on: 11/07/2026

Signed:

FIONA COLLUMB, President/Chairperson

JOAN HEAPES, National Children's Officer